

Opening Times

Newbold

Monday to Friday
8.00am - 6.00pm

Moorhouse

Monday, Wednesday & Friday
8.45pm - 3.45pm

Barnardos 0-4 years service offers support to families who have a child with individual needs to get to know and attend their local Children's centres. Barnardos can be contacted on 01706 515717

Notices

Please note both centres are closed on Bank Holiday:

**Monday
26th August**

LOOKING FOR WORK?

** Please see our jobs file for up to date jobs in the area - updated every week**

2 Year Old Entitlement

You may be entitled to free childcare for your child or children who are two year olds. Please to a member of staff for more details.

Home Learning

We would love to find out about the play and fun activities that you and your child take part in at home. Please share these experiences with us too, by sending in a photograph to:

newbold.homelearning@rochdale.gov.uk

Join us online:

www.rochdale.gov.uk/childrens-centres



twitter

Find us as: Sure Start Children's Centres in Rochdale borough

Rochdale Parents

Contact Us:

Newbold Children's Centre
Moss Street, Newbold, Rochdale,
OL16 5NL

Tel: 01706 649729

Moorhouse Children's Centre
Crossley Street, Rochdale,
OL16 4DR

Tel: 01706 837480

Sure Start Children's Centres Rochdale offer access to a range of support and services for families with children aged under 5 to give children the best start in life and help them to reach their potential.

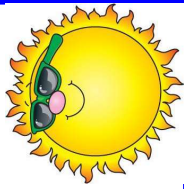
Sure Start
Children's Centres
Rochdale



ROCHDALE
BOROUGH COUNCIL



Newbold and Moorhouse

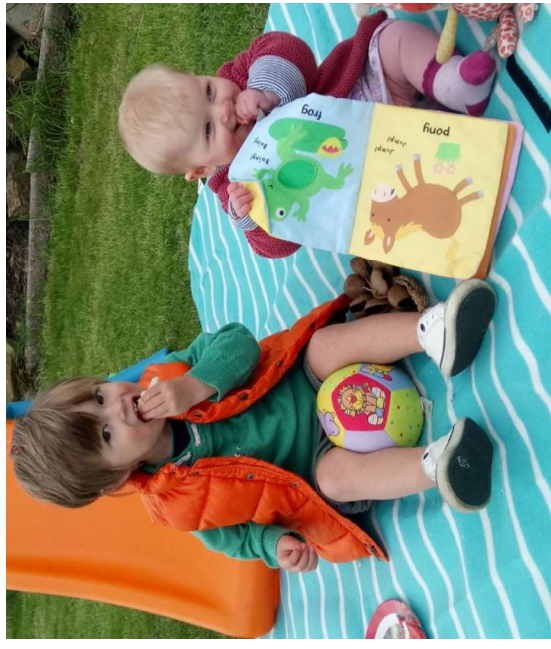


Sure Start Children's Centres

স্বাগত

All welcome!

سب کو خوش آمدید



Tolemon

Soyez Les Bien Venus

Zapraszamy wszystkich

Todos bem-vindos

歡迎各位

خوش آمدید

欢迎各位

تول سبه راغلاست

Nyinyi wote Munakaribishwa

مرحباً بكم جميعاً



Timetable

Summer 2019



Early Help Starts here!!

Do you need help with housing? Debt/budgeting? Your child's behaviour? Family issues? A member of our friendly children centre team can help. Please speak to a member of staff for more information.

Citizens Advice

1.30pm – 4.30pm

Every Monday afternoon at Newbold

Do you have a child aged 0-5 years and need support?
Ring for an appointment at Newbold Children's Centre.

Community Family Fun Day at Moss Street Youth Centre

Saturday 27th July 10am - 4pm

Come along and join in with arts and crafts, bouncy castles, games, circus skills and much more.

Please ask staff members and see flyer for more information.

Early Words Together

This is a fun literacy session for 2-5 year olds. It helps to support your child's development and school readiness by increasing their enjoyment of early literacy. The session is one hour per week for 6 weeks and runs at both centres.

Speak to staff for more details and to book your place.



Safeguarding Children

The team across Newbold and Moorhouse cluster area are committed to working in partnership with parents. We involve parents/carers to the highest degree, wherever possible, whilst maintaining the focus on the best interest of the child. All children

Centre's follow Rochdale Borough Safeguarding Children's Board procedures whenever a concern exists about harm or potential harm to a child. The policies and procedures that we follow are available for you to read in the main office.

World Breastfeeding Week: 1st-7th August

Benefits of Breastfeeding

The physical connection of breast feeding encourages emotional bonding between mother and baby.



Breastfeeding helps the health of the mother. They are less likely to develop breast and ovarian cancer and osteoporosis.



Breastfeeding saves time as no formula needs to be prepared.



Breastfeeding saves money as no formula needs to be bought.



Travelling with a breastfed baby is easier. There are no worries about how to feed the baby as no formula to prepare.



A breastfed baby has softer, less smelly poos, which makes changing nappies easier.

100%

Breastfeeding early in a baby's life is like giving a 100% vaccine, due colostrum, which contains antibodies that protect them from diseases. It is also linked to lowering a baby's risk of further health conditions such as allergies, obesity and diabetes.

Continuing to breastfeed throughout infancy helps to protect from many illnesses such as colds and ear infections.
















Breastmilk promotes the development of a baby's brain.




Breast feeding is good for the environment as there is no plastic waste.

Breastfeeding requires a baby to suck using their lips, gums, tongue, jaws and cheek muscles. This action encourages proper jaw development, facial development and permanent tooth alignment.




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| <p>MONDAY 22nd July</p> | <p>Baby Massage 10.00am - 11.00am For babies aged 0-9 months. Drop in sessions which will strengthen your relationship and help you bond with your baby.</p>  | <p>Healthy Hero's Family Fun Event 1.30pm - 3.00pm Meet Rochelle our Healthy Hero Mascot. Join in with physical fun activities, making healthy food snacks with the health team, crafts activities and speak with the range of health professionals on hand to gain hints and tips on how to stay healthy! Collect your ticket at the session to be entered into a free prize draw!</p> <p>For children aged 0-4 years. Older siblings welcome.</p>  <p>Citizens Advice 1.30pm - 4.30pm Book with Reception</p> | <p>Stay & Play 9.30am - 11.30am Learn through play using the indoor and outdoor Environment and to get them 'School Ready'. For all children aged 0-4 years.</p>  <p>Shake Rattle & Roll 11.00am - 12.00pm A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September.</p> | <p>Antenatal Clinic 8.45am - 3.30pm</p> <p>Song, Rhyme and Storytime at Moorhouse Primary School 10.00am - 11.00am *Change of session time for Summer Holidays only* Join us in the hall to sing songs, rhymes and enjoy a book or two with your child. For children aged 0-4 years. Older siblings welcome.</p> <p>Baby Talk *Started 1st July* 1.00pm - 2.00pm A six week course for parents and their babies giving useful hints and tips on encouraging the speech and language of your little one. Suitable for babies that are not yet mobile.</p>  |
| <p>TUESDAY 23rd July</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Baby Messy Play 9.30am - 11.30am A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 month.</p>  <p>Weaning Workshop 1.00pm - 2.30pm A 3 week workshop which explores food and nutrition for baby and parents/carers. *Must book*</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September. *Invite only*</p> | |
| <p>WEDNESDAY 24th July</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | |
| <p>THURSDAY 25th July</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | |
| <p>FRIDAY 26th July</p> | <p>Healthy Little Eaters with Stay and Play 9.30am - 11.30am Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.</p>  <p>Well Baby Clinic 10.00am - 11.15am *Weekly*</p> <p>Crèche 1.00pm - 3.00pm *Invite only*</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Bump to Baby 1.15pm-2.45pm 3 week programme for parents to be. Week 2 - 25th July - The home environment *Must Book*</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | |
| <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Introduction to Solid Food Session 10.00am - 11.00am For information on starting your baby with solid foods. *Please book*</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | |


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| <p>MONDAY 29th July</p> | <p>TUESDAY 30th July</p> | <p>WEDNESDAY 31st July</p> | <p>THURSDAY 1st August</p> | <p>FRIDAY 2nd August</p> |
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| <p>Baby Massage 10.00am - 11.00am For babies aged 0-9 months. Drop in sessions which will strengthen your relationship and help you bond with your baby.</p>    <p>Citizens Advice 1.30pm - 4.30pm Book with Reception</p>  | <p>Stay & Play 9.30am - 11.30am Learn through play using the indoor and outdoor Environment and to get them 'School Ready'. For all children aged 0-4 years.</p>     <p>Shake Rattle & Roll 11.00am - 12.00pm A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September.</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p>  <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Healthy Little Eaters with Stay and Play 9.30am - 11.30am Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.</p>     <p>Well Baby Clinic 10.00am - 11.15am *Weekly*</p> <p>Development crèche 1.00pm - 3.00pm *Invite only*</p> |
| <p>Antenatal Clinic 8.45am - 3.30pm</p> <p>Song, Rhyme and Storytime at Moorhouse Primary School 10.00am - 11.00am *Change of session time for Summer Holidays only* Join us in the hall to sing songs, rhymes and enjoy a book or two with your child. For children aged 0-4 years. Older siblings welcome.</p> <p>Family Sports Fun Event 1.30pm - 3.00pm Take part in a range of sporting activities and explore on our play equipment such as ball pool, soft play, belly boards and much more! Collect your ticket at the session to be entered into a free prize draw! For children aged 0-4 years. Older siblings welcome.</p> <p>Baby Talk *Started 1st July* 1.00pm - 2.00pm A six week course for parents and their babies giving useful hints and tips on encouraging the speech and language of your little one.</p>   | <p>**CENTRE CLOSED**</p>  | <p>Baby Messy Play 9.30am - 11.30am A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 month.</p>     <p>Weaning Workshop 1.00pm - 2.30pm A 3 week workshop which explores food and nutrition for baby and parents/carers. *Must book*</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September. *Invite only*</p> | <p>**CENTRE CLOSED**</p>  | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> |

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| <p>MONDAY 5th August</p> | <p>Baby Massage 10.00am - 11.00am For babies aged 0-9 months. Drop in sessions which will strengthen your relationship and help you bond with your baby.</p>  | <p>Ranger Rob Fun Event 1.30pm - 3.00pm Come along to the session to meet Ranger Rob and all of his exciting treepy crawlies. Have the chance to touch and learn about the beautiful bugs he brings. For children aged 0-4 years. Older siblings welcome. *MUST BOOK*</p>  | <p>Citizens Advice 1.30pm - 4.30pm Book with Reception</p> | <p>TUESDAY 6th August</p> | <p>Stay & Play 9.30am - 11.30am Learn through play using the indoor and outdoor Environment and to get them 'School Ready'. For all children aged 0-4 years.</p>  | <p>Shake Rattle & Roll 11.00am - 12.00pm A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September.</p> | <p>**CENTRE CLOSED**</p>  | <p>Antenatal Clinic 8.45am - 3.30pm</p> <p>Song, Rhyme and Storytime at Moorhouse Primary School 10.00am - 11.00am *Change of session time for Summer Holidays only* Join us in the hall to sing songs, rhymes and enjoy a book or two with your child. For babies to 3 year old children.</p> <p>Baby Talk *Started 1st July* 1.00pm - 2.00pm A six week course for parents and their babies giving useful hints and tips on encouraging the speech and language of your little one. Suitable for babies that are not yet mobile.</p>  | |
| <p>WEDNESDAY 7th August</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Baby Messy Play 9.30am - 11.30am A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 month.</p> <p>Weaning Workshop 1.00pm - 2.30pm A 3 week workshop which explores food and nutrition for baby and parents/carers. *Must book*</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September. *Invite only*</p>  | <p>**CENTRE CLOSED**</p>  | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p> <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>THURSDAY 8th August</p> | <p>Healthy Little Eaters with Stay and Play 9.30am - 11.30am Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.</p>  | <p>Well Baby Clinic 10.00am - 11.15am *Weekly*</p> <p>Development crèche 1.00pm - 3.00pm *Invite only*</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> | <p>FRIDAY 9th August</p> |

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| <p>MONDAY 12th August</p> | <p>Baby Massage 10.00am - 11.00am For babies aged 0-9 months. Drop in sessions which will strengthen your relationship and help you bond with your baby.</p>  | <p>Stay & Play 9.30am - 11.30am Learn through play using the indoor and outdoor Environment and to get them 'School Ready'. For all children aged 0-4 years.</p>  <p>Shake Rattle & Roll 11.00am - 12.00pm A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September.</p> | <p>Antenatal Clinic 8.45am - 3.30pm</p> <p>Song, Rhyme and Storytime at Moorhouse Primary School 10.00am - 11.00am *Change of session time for Summer Holidays only* Join us in the hall to sing songs, rhymes and enjoy a book or two with your child. For babies to 3 year old children.</p> <p>Baby Sensations 1.30pm - 2.30pm Sensory play session for you and your baby. For children under 12 months.</p>  |
| <p>TUESDAY 13th August</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p>  <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Baby Messy Play 9.30am - 11.30am A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 month.</p>  <p>Weaning Workshop 1.00pm - 2.30pm A 3 week workshop which explores food and nutrition for baby and parents/carers. *Must book*</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September. *Invite only*</p> |
| <p>WEDNESDAY 14th August</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p>  <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> |
| <p>THURSDAY 15th August</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p>  <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> |
| <p>FRIDAY 16th August</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Twilight Stay and Play Including a light tea 3.30pm - 5.00pm For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods. **Please arrive for 4.00pm if you require tea** Limited spaces</p> | <p>Healthy Little Eaters with Stay and Play 9.30am - 11.30am Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.</p>  <p>Well Baby Clinic 10.00am - 11.15am *Weekly*</p> <p>Development crèche 1.00pm - 3.00pm *Invite only*</p> | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Milnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> |

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| <p>MONDAY 19th August</p> | <p>TUESDAY 20th August</p> | <p>WEDNESDAY 21st August</p> | <p>THURSDAY 22nd August</p> | <p>FRIDAY 23rd August</p> |
| <p>Baby Massage 10.00am - 11.00am For babies aged 0-9 months. Drop in sessions which will strengthen your relationship and help you bond with your baby.</p>  <p>Introduction to Solid Food Session 11.00am - 12.00pm For information on starting your baby with solid foods. *Please book*</p>  <p>Citizens Advice 1.30pm - 4.30pm Book with Reception</p> | <p>Community fun event 10.00am-4.00pm In partnership with Moss Street Youth Centre. A whole range of activities will be available for all ages. See session flyer for more information.</p>  <p>Shake Rattle & Roll 11.00am - 12.00pm A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.</p>  <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September.</p> | <p>Antenatal/Postnatal Clinic 9.00am - 3.00pm</p> <p>Rhyme Time 10.00am - 11.30am Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.</p> <p>Ready, Steady, Go! 9.30am - 11.30am For children starting Nursery in September. *Invite only*</p> <p>Talk English Assessment 1.00pm - 2.00pm Assessments for Talk English course that is due to start in September.</p> <p>Eid Party 1.00pm - 3.00pm Join in with our Eid celebrations. Games, crafts and a light snack. For children aged 0-4 years old. Older siblings welcome.</p> | <p>Fun with Stories 9.30am - 11.30am Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.</p>  <p>Messy Play 1.00pm - 3.00pm A fun sensory session for children aged 0-4 years. Older siblings welcome.</p>  | <p>Healthy Little Eaters with Stay and Play 9.30am - 11.30am Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.</p>  <p>Well Baby Clinic 10.00am - 11.15am *Weekly*</p> <p>Development crèche 1.00pm - 3.00pm *Invite only*</p>  |
| <p>Antenatal Clinic 8.45am - 3.30pm</p> <p>Song, Rhyme and Storytime at Moorhouse Primary School 10.00am - 11.00am *Change of session time for Summer Holidays only*</p> <p>Join us in the hall to sing songs, rhymes and enjoy a book or two with your child. For babies to 3 year old children.</p> <p>Rumble in the Jungle Fun Event 1.30pm - 3.00pm Join us for jungle themed activities and crafts. Jungle animal fancy dress optional. For children aged 0-4 years. Older siblings welcome.</p> <p>Baby Sensations 1.30pm - 2.30pm Sensory play session for you and your baby. For children under 12 months.</p>  | <p>**CENTRE CLOSED**</p>  | <p>Baby Messy Play 9.30am - 11.30am A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 month.</p>  <p>Weaning Workshop 1.00pm - 2.30pm A 3 week workshop which explores food and nutrition for baby and parents/carers. *Must book*</p> <p>Ready, Steady, Go! 1.00pm - 3.00pm For children starting nursery and school in September. *Invite only*</p> | <p>**CENTRE CLOSED**</p>  | <p>Antenatal/Postnatal Clinic 8.45am - 12.30pm</p> <p>Baby Massage 10.00am - 11.00am Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.</p> <p>Well Baby Clinic at Millnrow Health Centre, Stonefield Street 1.00pm - 3.30pm *Weekly*</p> |

MONDAY
26th August

**Bank
Holiday**

**Centre
Closed**



TUESDAY
27th August

Stay & Play
9.30am - 11.30am
Learn through play using the indoor and outdoor Environment and to get them 'School Ready'. For all children aged 0-4 years.



Shake Rattle & Roll
11.00am - 12.00pm
A fun physical/sensory session based on Five to Thrive key activities; Respond, cuddle, relax, play, talk; which promotes healthy brain development through sensory play. Birth to non walkers.

Ready, Steady, Go!
1.00pm - 3.00pm
For children starting nursery and school in September.

CENTRE CLOSED



WEDNESDAY
28th August

Antenatal/Postnatal Clinic
9.00am - 3.00pm
Rhyme Time
10.00am - 11.30am
Join us to sing favourite songs and rhymes. For children aged 0-4 years. Older siblings welcome.

**Twilight Stay and Play
Including a light tea**
3.30pm - 5.00pm
For children aged 0-4 years. Older siblings welcome. A session to help support family meal times and to encourage your children to try new foods.
****Please arrive for 4.00pm if you require tea**
Limited spaces**

Baby Messy Play
9.30am - 11.30am
A session based on the Five to Thrive: Respond, Cuddle, Relax, Play & Talk. From birth up to 16 months.



Weaning Workshop
1.00pm - 2.30pm
A 3 week workshop which explores food and nutrition for baby and parents/carers.
Must book

THURSDAY
29th August

Fun with Stories
9.30am - 11.30am
Join us for a story and a craft activity. Different story each week. For children aged 0-4. Older siblings welcome.



Messy Play
1.00pm - 3.00pm
A fun sensory session for children aged 0-4 years. Older siblings welcome.



CENTRE CLOSED



FRIDAY
30th August

Healthy Little Eaters with Stay and Play
9.30am - 11.30am
Play before you cook, cooking starts around 10.15am. For children aged 0-4. Older siblings welcome.



Well Baby Clinic
10.00am - 11.15am
Weekly

Development crèche
1.00pm - 3.00pm
Invite only

Antenatal/Postnatal Clinic
8.45am - 12.30pm

Baby Massage
10.00am - 11.00am
Drop in session for babies aged 0-9 months, which will strengthen your relationship and help you bond with your baby.

Well Baby Clinic at Milnrow Health Centre, Stonefield Street
1.00pm - 3.30pm
Weekly

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