

## Menu choices for Week 1

Year \_\_\_\_\_

### **Monday**

Choices	Thai chicken curry and rice	Fish fingers vegetables/potato smiles	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Tuesday**

Choices	Homemade chicken and veg pie	Mexican chilli nachos and cheese	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Wednesday**

Choices	Beef lasagne salad and garlic focaccia	Battered fish/mushy peas/chips	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Thursday**

Choices	Traditional roast/roasted squash	Tomato casserole and crusty roll	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Friday**

Choices	Cheese and tomato pizza	Vegetarian sausage roll	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

## Menu choices for Week 2

Year \_\_\_\_\_

### **Monday**

Choices	BBQ chicken and cheese bake noisette potatoes green beans	Roasted winter vegetable Houmas and flat bread	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Tuesday**

Choices	Hearty beef casserole and Yorkshire pudding	Falafel chilli with vegetable rice	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Wednesday**

Choices	Lancashire lamb and pea pie rosemary potatoes and mint gravy	Fish fingers buttered bread seasonal veg and potatoes	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Thursday**

Choices	Chilli con carne warm tortilla and rice	Leek, cheese and garlic creamy pasta	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

### **Friday**

Choices	Vegetarian sausage in a bun	Battered salmon peas and crispy potatoes	Pasta	Jacket potato with either tuna mayo or cheese
Numbers				Num of tuna Num of cheese
Total number of hot meals				

## Menu choices for Week 3

Year \_\_\_\_\_

### **Monday**

Choices	Beef grill, sweetcorn wedges	Vegetarian casserole and Yorkshire pudding	Pasta	Jacket potato with either tuna mayo, cheese or beans,
Numbers				
Numbers of meals				

### **Tuesday**

Choices	Cottage pie and gravy	Fish fingers vegetables and potato smilies	Pasta	Jacket potato with either tuna mayo cheese or beans
Numbers				
Numbers of meals				

### **Wednesday**

Choices	Sausage mash and beans	Macaroni cheese and garlic bread	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				

### **Thursday**

Choices	Meat and potato pie and gravy	Sticky Wok vegetables and rice noodles	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				

### **Friday**

Choices	Tomato and garlic pizza panini	Fish stars skinny fries, beans	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				

## Menu choices for Week 4

Year \_\_\_\_\_

### **Monday**

Choices	Spaghetti bolognaise	Sweet potato and chickpea curry rice and naan bread	Pasta	Jacket potato with either tuna mayo, cheese or beans,
Numbers				
Numbers of meals				

### **Tuesday**

Choices	Tatty Hash and dumplings	Crispy vegetable escalope peas and corn with mash potato	Pasta	Jacket potato with either tuna mayo cheese or beans
Numbers				
Numbers of meals				

### **Wednesday**

Choices	Pork meatballs and tomato pasta	Salmon fish fingers, garden peas oven chips and gravy	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				

### **Thursday**

Choices	Chicken tikka masala rice and naan bread	Cheddar cheese pie, baked beans potato wedges	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				

### **Friday**

Choices	Stuffed crust mozzarella pizza	Vegetable risotto garlic flatbread	Pasta	Jacket potato with either tuna mayo beans or cheese
Numbers				
Numbers of meals				