



2ND FEBRUARY 2024

MASS TIMES

Sacred Heart Church Mass Times

There are two Churches in our Parish. Holy Family in Kirkholt and Sacred Heart on Kingsway. The Parish Priest is Father Simon and he resides in Sacred Heart Presbytery.

Saturday at Sacred Heart

5.15 Confessions

6.00 Vigil Mass

Sunday

9 am at Holy Family

11 am at Sacred Heart

PENALTY NOTICES



Poor attendance

Children who miss more than 20 sessions/10 school days unauthorised absence in a 12 week period will receive a Penalty Notice which is £60 per parent.

Holiday absences

Children who miss 10 sessions/5 school days unauthorised absences will receive a Penalty Notice which is £60 per parent, per child. Holiday requests will be reviewed separately and in some circumstances may be approved.



Parents Evening



THURSDAY 15TH FEBRUARY 1—5 PM
DON'T FORGET TO BOOK YOUR SLOT

ASSEMBLIES

Friday 9th February 8.55 am Y3

HALF TERM Monday 19th-23rd February 2024

TRIPS

CANCELLED Y6 Dovestones Reservoir

Tuesday 13th February Y5 Manchester Art Gallery

Friday 1st March Y5 Buddhist Centre Manchester

Thursday 14th March EYFS Smithills Farm

Monday 18th March Y5 Chocolate Museum York

GATES

The school gate is now fully operational please use the side gate and, for their own safety, DO NOT let your child run through them when they are in motion.

ACHIEVEMENTS IN THE COMMUNITY

Does your child take part in any out of school hours activities? Dance/Gymnastics/Judo/football/Cubs/Brownies/horse riding etc? If you would like to share their achievements/certificates/medals please send them into school on Thursday morning with an explanation and Mr Jones will present these to your child during Merit Assembly in the afternoon.

SCHOOL COUNCIL

The School Council have listened to the views of our peers views and are devising an action plan to implement their wishes and feelings. For example finding out who is responsible for planning in our school garden.

Congratulations to this weeks Golden Hearts child Emmanuel chosen for always looking after his fellow pupils and always showing respect and good manners.



ATTENDANCE

Well done to our Reception class on achieving the highest percentage attendance this week of 96% and for also being the most improved. Who will get to 100% first?

HEADTEACHERS AWARD

Headteachers award children awarded this week to Keonna and Milanna in Nursery for always listening and showing respect and for trying really hard in all aspects.

To Aurora Grace and Addam in Reception for showing concern and kindness to a friend who was upset and for seeing a friend struggling and helping to zip his coat up.

To Zoe and Filip in Y1 for always sharing and working co-operatively with her peers and for trying hard in maths this week and completing her work independently.

To Chanel and Victoria in Y2 for consistently following school rules and for always putting others first.

To Grzegorz and John in Y3 for excellent progress in handwriting and for great effort in his work.

To Oscar and Hajra in Y4 for showing growth in his development as he demonstrates more independence during the school day and for being a good caring friend to others in the class.

To Hashim and Leah in Y5 for a great rhyming poem in English and for trying her best in all subjects

To Jan and Harris in Y6 for showing an excellent and mature mind set towards all aspects of learning this week and for demonstrating resilience and determination towards his learning.

Well done everyone.

CAPTAINS TABLE

Well done to Aleesa, Elijah and Momena and friends all chosen this week for consistently beautiful manners and excellent behaviour.

What Parents & Carers Need to Know about

HiPAL

AGE RESTRICTION
12+
(with reduced functionality for under-12s)

WHAT ARE THE RISKS?

HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

CONNECTING WITH STRANGERS

HiPal's under-12 accounts don't allow direct connections with strangers (although children seeking more friends can share their 'Friend Code' on other platforms), but for older users, chatting with strangers seems to be the app's main appeal. The 'Public Square' shows nine online users (hitting 'refresh' replaces these with another nine), and clicking on someone's profile starts a conversation.

SEXTING AND SUGGESTIVE PICS

Almost immediately after our expert downloaded the app, strangers began to message privately – asking for provocative images or sharing explicit photos of themselves. Likewise, in the 'Explore' feed, many of the pictures and videos are innocent ... but some are far more salacious. There is always the risk of other users secretly saving a revealing photo and re-sharing it elsewhere.

NEED FOR VALIDATION

Some users – particularly girls – post photos on apps of this type hoping for positive reactions and comments to boost their self-esteem. Suggestive images tend to attract more flattering feedback, encouraging the user to post more frequently and with more explicit content. Conversely, receiving unkind comments about their picture can impact a young user's confidence and sense of self-worth.

NO AGE GATES OR MODERATION

Although users are given an initial choice of the under- or over-12 profile there is no verification method to confirm someone's age; it is quite clear that the 'older' option offers a more complete experience on the app, but there seems to be no content moderation in place. Likewise, there is a reporting button for users to make a complaint but these reports do not appear to be followed up.

INTRUSIVE FEATURES

HiPal's walkie-talkie gimmick is no different from a normal phone call and seems rarely used; although it allows conversations to still be heard while a phone is locked, which could have awkward results. HiPal also offers 'Boom' messages: unmissable large-text notifications which are highly distracting and briefly take over the phone – users can't access other apps until the message fades.

LARGE GROUP CHATS

The app offers group chats with up to 100 people – both friends and unknown users. This not only means excessive 'Boom' messages taking over your child's device, but near-constant notification alerts and – most worryingly – the potential for walkie-talkie chatting and sharing photos with strangers outside parental supervision and apparently with no moderation from the platform itself.

Advice for Parents & Carers

EMPHASISE CAUTION

Remind your child of the dangers of connecting with strangers online. Some may be using the app innocently; others may have more sinister intentions. Encourage your child to consider what information they disclose in private messages and emphasise that they should inform a trusted adult if someone on the internet ever attempts to persuade them to meet in person.

TALK ABOUT SEXTING

It can be an awkward conversation (which young people are often reluctant to have), but it's vital to talk openly and non-judgementally about sexting. Discuss the legal implications of sharing explicit images, as well as the emotional impact. Make it clear your child should never feel pressured into sexting – and that they should tell a trusted adult if they receive any unwanted explicit images.

BUILD RESILIENCE

With HiPal's lack of moderation, it's imperative that children are prepared for comments they might receive after uploading an image. You can build their resilience and equip them to manage these situations by having them show you any comments they've received. Together, discuss how the nice ones made them feel – and what they could do if someone posted a comment that upset them.

AVOID OVER-SHARING

Young people should think carefully about what they share in their profile, bio and posts. Talk to your child about not disclosing personal details such as phone numbers, other social media accounts or images which could reveal where they live or go to school. It's essential for children to recognise that strangers can assemble a detailed profile of someone based on things they can find online.

CONSIDER MENTAL WELLBEING

Many users on HiPal publicly share photos that are intended to be alluring in the hope of gaining more likes, friends and positive feedback – boosting their self-esteem and making them feel more self-assured. When young people regularly engage with social media platforms, it's important that parents and carers keep in mind the potential impact such platforms can have on mental wellbeing.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



<https://hipal.app/about/privacy.html>

NOS National Online Safety®
#WakeUpWednesday

HOLIDAY PATTERN 2023-2024

SPRING	Thursday 4 th January 2024	Monday 19 th February 2024 To Friday 23 rd February 2024	Wednesday 27 th March 2024
EASTER HOLIDAY – Thursday 28th March 2024 – Friday 5th April 2024			
SUMMER	Monday 8 th April 2024	Bank Holiday Monday 6 th May Monday 27 th May 2024 To Friday 7 th June 2024	Friday 19 th July 2024

HOLIDAY PATTERN 2024-2025

TERM	SCHOOL STARTS	HALF-TERM	SCHOOL CLOSES
AUTUMN	Wednesday 4 th September 2024	Monday 28 th October 2024 To Friday 1 st November 2024	Friday 20 th December 2024
CHRISTMAS HOLIDAY – Monday 23rd December 2024 – Friday 3rd January 2025			
SPRING	Monday 6 th January 2025	Monday 24 th February 2025 To Friday 28 th February 2025	Wednesday 16 th April 2025
EASTER HOLIDAY – Thursday 17th April 2025 – Friday 25th April 2025			
SUMMER	Monday 28 th April 2025	Monday 26 th May 2025 To Friday 6 th June 2025	Friday 18 th July 2025