

Sacred Heart R.C. Primary School Newsletter



Love God, Love each other, Love Learning

19TH APRIL 2024

MASS TIMES

Sacred Heart Church Mass Times

There are two Churches in our Parish. Holy Family in Kirkholt and Sacred Heart on Kingsway. The Parish Priest is Father Simon and he resides in Sacred Heart Presbytery.

Saturday at Sacred Heart

5.15 Confessions

6.00 Vigil Mass

Sunday

9 am at Holy Family

11 am at Sacred Heart

PENALTY NOTICES



Every student. Every day.

Poor attendance

Children who miss more than 20 sessions/10 school days unauthorised absence in a 12 week period will receive a Penalty Notice which is £60 per parent.

Holiday absences

Children who miss 10 sessions/5 school days unauthorised absences will receive a Penalty Notice which is £60 per parent, per child. Holiday requests will be reviewed separately and in some circumstances may be approved.

Monday—Friday 13th—17th May

Y6 SATs

Y6 Residential Robinwood

Wednesday 12th-14th June 2024

Y6 (Sept 2024) Waterpark Adventure Centre

18th—22nd November 2024

Don't forget to log onto Parentpay to continue to make payments

Please click on the link to see the revised
Charging Policy

<https://sacred-heart-school.org.uk/wp-content/uploads/2024/04/Charging-and-Remission-Policy-2024.pdf>

ST GEORGE'S DAY TUESDAY 23rd April
Children can accessorize in Red

ASSEMBLIES

Friday 26th April 8.50 am Y5

Friday 3rd May 8.50 am Y2 Crowning of Our Lady

SCHOOL TRIPS



Y5 17th May Blackpool Zoo

Y3 20th May Summit Up

Y1 21st May Hollingworth Lake

Y4 22nd May Neeli Mosque

Y4 20th June Tropical World

Y2 26th June Lytham St Annes

Y1 9th July Blue Planet Aquarium

What Parents & Carers Need to Know about

BEREAL

BeReal is the latest trending social media app. The concept is that people see others in their authentic day-to-day lives, sharing candid photos without editing or applying filters. Each day at a random time, users are simultaneously notified to take a picture of what they're doing at that exact moment. The two-minute window to submit an image means there's no time to select a particularly glamorous or exciting activity. BeReal shares two pictures: a selfie, and an image of the immediate surroundings. Users can only view and react to their friends' photos once they upload their own.

AGE-RATING
13+
from the App Store & Google Play

WHAT ARE THE RISKS?

CONTINUOUS NOTIFICATIONS

Like any social media app, BeReal's developers want users to be on it regularly and scrolling for long periods. BeReal only sends one notification to post a picture each day, but there are other alerts for events such as mentions, comments, friend requests and reactions to your photo. This can cause young users to feel pressure to open the app and respond, distracting them from other activities.

CONNECTING WITH STRANGERS

When someone signs up to BeReal, it highlights anyone in their phone's contacts list who already has the app – so users can connect with friends, or invite others from their contacts. The 'Discovery' feed, meanwhile, shows posts from strangers and gives users the option to add them as friends, too. This means your child could potentially connect with – and communicate with – a stranger.

PUBLIC SHARING

As well as sharing posts with friends in the moment, the app also allows posts to be shared publicly and public content to be viewed. Before a user can see this public content, they must post their own photo first. Unfortunately, there currently seems to be a lack of moderation on the content that's being uploaded, so a young user could be exposed to posts which aren't suitable for their age.

EASY LOCATION

BeReal's default setting is to share the exact location of where a post was sent from. Given that images are usually shared within the two-minute window, anyone your child is friends with on the app will know exactly where they are (or at least, where they were two minutes earlier). As we've noted, this could include strangers who are intending to use this geographical information for malicious purposes.

VISIBLE PERSONAL DATA

As with any other form of social media, it's important that your child doesn't share too much personal information on their profile. BeReal allows for a photo, full name, approximate location and a short bio. It's safest to make sure that your child's profile doesn't display anything which could identify where they go to school or exactly where they live.

REPUTATIONAL DAMAGE

What your child says and does online – their digital footprint – shapes the way that other people see them. It's essential that young people understand that when they post something online, they are giving the app in question the right to do whatever they wish with that image or content, including sharing it elsewhere. This form of permission is explicitly referenced in BeReal's terms of use.

Advice for Parents & Carers

LIMIT NOTIFICATIONS

BeReal offers the option to turn off individual types of notification. Doing this will significantly reduce the number of times your child is tempted to open the app by incoming comments, uploads, friend requests and so on. Ironically, it will allow them to actually 'be real' by being present in the moment and their current environment as opposed to being engrossed on social media.

STOP AND THINK

BeReal's goal is for users to be authentic with friends, removing the pressure of that flawless photo or perfectly worded post. It's still vital, though, that children stop and think rather than uploading something risky just to meet the two-minute deadline. Point out to them what kind of information strangers could extract from an image: school crests, street names or local landmarks, for example.

KEEP IT AMONG FRIENDS

Remind your child why adding strangers to their contacts isn't a good idea, and advise them to decline any friend requests from people they don't know in real life. If something your child sees on BeReal makes them feel uncomfortable, they can report it by clicking on the three dots in the top right. The reporting tool allows them to state the reason that they're flagging up the post.

CREATE A SAFE PROFILE

Remind your child to use an avatar as their profile pic (as opposed to a photo of themselves) and use a nickname or just their first name, not their full name. Any information they add to their bio (which is optional) should be kept vague, and personal details should remain private. It's also worth turning off the geolocation feature either through the device's settings or in BeReal itself.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Sources: <https://bereal.com/en/privacy> | <https://bereal.com/en/terms>
<https://bereal.com/nationalsite/faq-BeReal-English-21dc59a4f8bca4524bed0a040b04de892a> | <https://www.commonssensemedia.org/app-reviews/bereal>

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#WakeUpWednesday



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Please click on the link to see this weeks Wednesday Word

<https://sacred-heart-school.org.uk/wp-content/uploads/2024/04/Trust-.pdf>

THE Wednesday WORD



SHARING SUNDAY'S GOSPEL WITH PARENTS & FAMILIES

Wednesday 17th April 2024

Dear Parents and Carers,

This Sunday is traditionally known as 'Good Shepherd Sunday'. Jesus is the 'Good Shepherd' who can be trusted to guide our lives in the right direction.

Part of a shepherd's job is to look after the sheep, to guide them and help them to stay safe. In the Gospel below, Jesus encourages his disciples to put their trust in him; it is through trusting in Jesus that they will find security and hope.

There can be many things that trouble our hearts, but following and trusting in Jesus leads us on life's right and joyful path, freeing us from fears and worries.

Enjoy a special time this evening, hearing your child's thoughts about this Sunday's Gospel and this Wednesday's word, which is **TRUST**.

Dom Henry Wansbrough



A Word from Pope Francis

"It is important to have friends we can trust. But it is essential to trust the Lord, who never lets us down. This is the key to success in life."

THE GOSPEL IN CHURCH Sunday 21st April 2024



Jesus said, "I am the good shepherd: the good shepherd is one who lays down his life for his sheep. The hired man, since he is not the shepherd and the sheep do not belong to him, abandons the sheep and runs away as soon as he sees a wolf coming, and then the wolf attacks and scatters the sheep; this is because he is only a hired man and has no concern for the sheep. I am the good shepherd; I know my own and my own know me, just as the Father knows me and I know the Father; and I lay down my life for my sheep. The Father loves me, because I lay down my life in order to take it up again. No one takes it from me; I lay it down of my own free will, and, as it is in my power to lay it down, so it is in my power to take it up again; and this is the command I have been given by my Father."

*Adapted from John 10:11-18
The 4th Sunday of Easter, Year B*

Getting to know Jesus makes life joyful.
Learn more about this Sunday's Gospel in your local Parish Church: all are very warmly invited.

2024 The Year of Prayer: Family Time Prayer & Share ▶

Good News for Everyone

Jesus, the Good Shepherd, wants us to place our trust in him. When we trust Jesus to lead us, just as a shepherd leads his sheep, he helps us to make the right choices. Jesus fills our lives with goodness, so that we stay close to him and do not go astray.

The Wednesday Word: Spread some Joy this week through sharing the Good News with your Friends

GIFT TEAM

This week, the GIFT team have been planning their final term. They have concentrated on preparations to celebrate the month of May as the month of Mary. They have started to plan for prayer services, sharing the Rosary and craft activities for the whole school.



Congratulations to this weeks Golden Hearts winners Amirra for making sure our classroom is a safe and welcoming place every day and to Lola for always being a good role model encouraging others to be safe and respectful



Congratulations to Y2 for the highest percentage attendance this week of 100%

CONGRATULATIONS



The first year group to reach 100% earning them a movie/pj afternoon with pop corn and to Y5 for most improved.

Dear Nursery and Reception Parents/ Carers,

Our CARITAS workers, Jayne and Louise, are hosting 'Positive Parenting' sessions in the Summer Term.

The sessions will include activities, ideas and strategies to support positive parenting, as well as the opportunity to seek advice or ask questions from our CARITAS workers. It is also a lovely opportunity to chat with other parents. The session dates and themes are as follows:

22nd April- play

29th April- routines sleep, mealtimes and bedtimes

13th May- rewards and consequences

The sessions are from 9-10.30am.

Parents will then be invited to join their child in class from 10.30-11am to complete play and activities linked to the weekly theme.

Thank you for your continued support,

HEADTEACHERS AWARD

Headteachers award children awarded this week in Nursery to Elliott for great listening skills and answering question very well in our Religion lessons

In Reception Year to Lauren for working so hard at school and at home with her phonics and to Blair for having so many jobs in our classroom and doing them so well

In Year 1 to Abel for excellent problem solving in maths and to George for trying hard to improve his handwriting

In Year 2 to Harloe for an amazing news report about Jesus' resurrection and to Toby for putting great effort into everything he does, particularly his handwriting

In Year 3 to Fia and Lola for taking care and pride in our Dojo challenge (Ancient Greek shield)

In Year 4 to everybody for amazing behaviour, polite manners and friendly attitude towards all staff members and the rest of the audience at the Opera House Manchester

In Year 5 to Maja for always looking for ways to improve her work and being an independent learner and to Harper for always acting upon feedback

In Year 6 to everybody for showing true Sacred Heart spirit displaying sheer grit and determination in all aspects of learning this week, especially the assessments!

Well done everyone.

Well done to Jack, Adam and Dorian and all chosen this week for being brilliant hall helpers with wonderful manners, quiet lining up and good table manners.

